



THE COACHES



ALONZO CARTER

Head Coach | First Year | Cal State East Bay, '16

AT SACRAMENTO STATE

- Alonzo Carter was named the 14th head football coach in Sacramento State history on Dec. 15, 2025.

AT ARIZONA

- Joined the Arizona staff prior to the 2024 season. Served as the assistant head coach and running backs coach.
- In 2026, the Wildcats went 9-3 in the regular season and will play in the Trust & Will Holiday Bowl on Jan. 2. The team rushed for 2,143 yards and 20 touchdowns and was led by Ismail Mahdi who had 826 yards and four scores. That effort helped Mahdi earn all-Big 12 Conference honors.
- In his role as assistant head coach, he aided in the administration of the program, led practices and meetings in the head coach's absence and represented the team at campus and community events.

AT SAN JOSE STATE

- Was a member of the Spartans football coaching staff from January 2017-2023. Served as the running backs coach and added the duties of assistant head coach in 2021.
- During Carter's final season at San Jose State (2023), running back Kairee Robinson finished second in the Mountain West Conference with a career-high 1,194 rushing yards and led the conference with a career-high 18 rushing touchdowns.
- Carter's running backs played a large role in helping the Spartans go 7-1 overall in 2020, win the Mountain West title and end the season ranked 24th in the AP Poll. The San Jose State backs averaged 4.5 yards per rush and became one of the first two teams in NCAA Football Bowl Subdivision (FBS) history to complete a season without losing a fumble by a ball handler on offense, defense, and special teams.

AT CONTRA COSTA JC

- Was head coach at Contra Costa JC from 2010-16.
- Carter led the team to four conference titles and a pair of bowl victories.
- In 2012, his team won the Bay Valley Conference, he was named the league coach of the year as well as the CCCFA Region II Coach of the Year.

- He added a second BVC title the following season and then won Pacific 7 Conference titles in 2014 and 2015. The team advanced to win the Living Breath Foundation Bowl in 2012 and 2014.

AT HIGH SCHOOL

- Head coach at McClymonds High School in Oakland, Calif., for seven years (1999-06) where he won three CIF Oakland Section titles.
- He was also the head coach at Berkeley HS for three seasons (2007-09) and the head track and field coach at McClymonds High School for 13 years. Overall, he owns a 129-69-3 record as a head coach.

OFF THE FIELD

- During the early stages of the COVID-19 pandemic and up to the start of the delayed season, Carter became a national figure through his West Coast Zoom clinics — weekly sessions involving hundreds of football coaches.
- Rooted in listening, learning and networking, he relied on his professional connections and hosted engaging Zoom calls lasting up to seven hours, either once or twice a week. For his use of the Zoom technology platform, he received a 2020 Zoomtopia award for innovation — emphasis on diversity: bridging the divide.
- In August 2020, he was named to the National Coalition of Minority Football Coaches (NCMFC) executive committee. The organization's goal is to identify and groom coaches of color and create a list of coaching candidates for upward mobility. The NCMFC recognized his organizational commitment through his recruitment of more than 100 new members, providing mentoring, and mock interview sessions with its MVP Advocate Award for 2020.
- Since August 2020, he assisted 26 NCMFC members that advanced to coaching positions of greater responsibility or visibility.
- Carter was inducted into the African American Ethnic Sports Hall of Fame in 2001, and the Contra Costa JC Hall of Fame in 2025.
- He holds coaching certifications from the American Football Coaches Association, the California Interscholastic Federation and the California Community College Athletic Association.

- Selected to participate in the Bill Walsh NFL Diversity Coaching Fellowship program in 2017 with the San Francisco 49ers.

PERSONAL

- Graduated from Cal State East Bay with a degree in African American studies in 2016.
- Member of the Pioneers' football and track and field teams while the school was known as Cal State Hayward.
- Was a choreographer and background dancer for MC Hammer from 1988-95.
- Carter is the father of four children: Alonzo Carter II, Alona Carter, Anthony Carter, and Kennedie Carter.



WHAT OTHERS ARE SAYING

"I have known Coach Carter for 25 years, and he is a tremendous leader of men. He brought an incredible amount of experience, leadership, and energy to our programs at both San Jose State and Arizona. I am grateful for his invaluable contributions over the last nine years. I love Coach Carter, and I am excited for what he will bring to Sacramento State, its football program, and its community."

- Brent Brennan, Head Coach, Arizona

"I've known Coach Carter for much of my coaching career, and he's consistently created opportunities for coaches to connect, grow, and mentor one another. I've watched his leadership elevate talent on the field, but what truly stands out is his mastery in mentoring young people off the field. Coach Carter emits positivity and joy to everyone around him, and I'm honored to call him both a great friend and mentor."

Kalani Sitake, Head Coach, BYU

"Coach Carter is a true leader of men. Our relationship spans more than 20 years, and he has been a valuable mentor in my growth as a coach. He has won at every stop, and that success will continue in Sacramento. As a native of the 916, I can't wait to see him build my hometown into a powerhouse."

Jamar Cain, Defensive Line Coach, Denver Broncos

"Hiring Alonzo Carter as head coach is a home-run hire. I've known Alonzo since 2000, and while he's a great football coach, he's even more impressive as a developer of men on and off the field. He truly cares about his players as people first — academically and personally — before worrying about football. That's why he has been successful everywhere he's been. Sacramento State has hired someone the entire campus will be proud to call 'Coach.'"

Jon Embree, Asst. Head Coach, Miami Dolphins

"Sacramento State has made a phenomenal hire in Alonzo Carter. In 2021, during one of the toughest times in our country's history, Coach Zo launched the West Coast Zoom Clinic, bringing hundreds of coaches together nationwide. He is a bridge builder, a visionary, a developer of talent, and a leader

of men. He has excelled at every level — from high school to junior college to the highest levels of college football — and I have no doubt he will continue to excel as a Division I head coach. I'm honored to call him a big brother."

Willie Simmons, Head Coach, Florida International

"Sacramento State has hit a home run hiring my friend Alonzo Carter. He did an outstanding job as a head coach for many years, can coach at any level, and knows how to relate to people — especially young men — while winning with class. Alonzo is a builder of both men and programs. He also launched a Zoom initiative that helped minority coaches across the country, which I had the privilege to participate in many times. Like everything he touches, it was pure gold. I can't wait to watch my friend do his thing."

Mack Brown, College Football Hall of Fame Coach, Former Head Coach, Texas & North Carolina

"There is no coach who has had a greater impact on my life, and the lives of so many of my friends, than Alonzo 'Zo' Carter. Whether as a player or a person, no matter where you begin your journey with him, Coach Carter elevates your abilities, strengthens your belief, fuels your enthusiasm, and expands your understanding of what you're truly capable of. I'm excited to see Sacramento State flourish under his leadership. Get ready."

Nnamdi Asomugha, Former NFL All-Pro CB

"I'm confident Coach Zo will do an outstanding job at Sacramento State. He has tremendous leadership qualities and is a proven winner. He connects with people and gives so much of himself to the young men in his program to ensure their success — both in football and in life. Zo also embraced the opportunity to serve as an executive committee member of the National Coalition of Minority Football Coaches, which I founded in 2020, and he has been a tremendous asset in advancing better hiring practices across the country. I'm truly happy for him and for Sacramento State."

Mike Locksley, Head Coach, Maryland; President & CEO, National Coalition of Minority Football Coaches

HOMETOWN

Oakland, Calif.

- The most populous city and the county seat of Alameda County.
- Is the eighth most populous city in California.
- Was incorporated in 1852.
- Originally from Lagos, Nigeria.
- Is the most populous metro area in Africa with a population over 26 million.

COACHING EXPERIENCE

- **Sacramento State**
Head Coach (2025-pres.)
- **Arizona**
Assistant Head Coach/Running Backs (2024-25)
- **San Jose State**
Running Backs (2017-23)
Assistant Head Coach (2021-23)
- **Contra Costa JC**
Head Coach (2010-16)
- **Berkeley HS**
Head Coach (2007-09)
- **McClymonds HS**
Head Coach (1999-06)



ANGUS McCLURE

Assoc. Head Coach/Recruiting Coord./Off. Line | 8th Year | Sacramento State, '92

AT SACRAMENTO STATE

- Began his association with Sacramento State as a student-athlete where he played football from 1987-91 and later served as a member of the staff from 1997-2004.
- Was on the 1988 Hornet team that advanced to the NCAA Division II championship semifinals with an offense which averaged 486.0 yards per game.
- Was the assistant head coach and offensive line coach from 1997-2003 where he played a major role in record-breaking offenses.
- During his tenure, the Hornets set 52 NCAA Division I-AA, Big Sky Conference, or school records.
- Coached 20 all-Big Sky conference honorees and had six of his players sign NFL contracts.
- One of McClure's pupils, Lonie Paxton of the Patriots (also Broncos), went on to collect three Super Bowl rings. Another, Marco Cavka, was drafted by the Jets.
- In addition, five Sacramento State players earned All-American honors and four were chosen to participate in college all-star games.
- In his seven seasons, the Hornets led the Big Sky in rushing four times (1998, 1999, 2000, 2002).

AT KANSAS

- Served as an offensive analyst at Kansas from 2024-25 for head coach Lance Leipold

AT NEVADA

- The run game coordinator/offensive line coach during the 2023 season.
- His first association with the Wolf Pack began in 1996 as the tight ends coach.
- Helped the Wolf Pack to the Big West title and Las Vegas Bowl championship.
- His tight ends produced a school-record 13 touchdowns during the season.
- Nevada led NCAA Div. I with 527.3 yard per game of total offense and topped The Big West in both rushing and passing.
- Returned to the Wolf Pack for 2018-19 where he coached the offensive line.
- Ranked fourth in the Mountain West and 18th in the FBS with 1.31 sacks allowed per game.
- Nevada advanced to bowl games in both seasons, winning the 2018 NOVA Home Loans Arizona Bowl.

AT CAL

- Coached the Golden Bear offensive line from 2020-22.
- Under his guidance, Golden Bear offensive linemen earned five all-Pac-12 honors.

AT UCLA

- Spent 11 seasons at UCLA where he oversaw the team's recruiting and coached the offensive and defensive lines during that span.
- Recruiting classes were ranked among the top 20 each year and he was named among the top 25 recruiters in college football by Rivals in 2023.
- UCLA had a defensive lineman selected in eight NFL drafts, including three selected in the first rounds (Datone Jones, Kenny Clark, Takkarist McKinley).
- UCLA played in eight bowl games during his 11 seasons, earning victories in the 2009 Eagle Bank Bowl, the 2013 Sun Bowl and 2014 Alamo Bowl.

AT BUFFALO

- Served as the offensive line/run game coordinator on Turner Gill's staff at Buffalo in 2006.
- Buffalo scored more points (201) in conference games than any other team in the Mid-American Conference East Division.
- Running back James Starks earned second team all-MAC honors and was an honorable mention Freshman All-American by The Sporting News.

AT NEBRASKA

- Spent the 2004 and 2005 seasons as an assistant on Bill Callahan's staff where he assisted with the offensive line, coaching tackles, as well as working with the special teams.
- The Cornhuskers defeated Michigan in the 2005 Alamo Bowl.

PERSONAL

- McClure and his wife, Erin, have two sons, Hamish and Malcolm.
- Hamish played quarterback at Sacramento State (2018) and Nevada from 2019-21.

HOMETOWN

San Rafael, Calif.

- Located in the North Bay, 18.4 miles north of San Francisco.
- Founded by the Spanish in 1817 with the establishment of San Rafael Arcángel and later incorporated in 1874.
- Was the original home of LucasArts.

COACHING EXPERIENCE

- **Kansas**
Offensive Analyst (2024-25)
- **Nevada**
Run Game Coordinator/Off. Line (2023)
- **California**
Offensive Line (2020-22)
- **Nevada**
Defensive Line (2018-19)
- **UCLA**
Off. Line/Def. Line(2007-17)
- **Buffalo**
Run Game Coordinator/Off. Line (2006)
- **Nebraska**
Assistant Offensive Line (2004-05)
- **Sacramento State**
Offensive Line/Assistant Head Coach (1997-2003)
- **Nevada**
Tight Ends (1996)
- **McClatchy HS**
Def. Coordinator/Off. Line/Tight Ends (1992-95)



KENWICK THOMPSON

Asst. Head Coach/Co-Def. Coordinator/Linebackers | First Year | Harding, '92

AT SACRAMENTO STATE

- Returned to his home state in December 2025 as he was named the assistant head coach, linebackers coach and co-defensive coordinator.

AT FLORIDA A&M

- Was the defensive coordinator and linebackers coach at Florida A&M in 2025.

AT UAB

- Began his tenure with the Blazers as the linebackers coach in 2023 and added the role of assistant head coach in 2024.
- In 2023, the UAB defense ranked seventh nationally in fumbles recovered (11) and finished with 21 takeaways total. Thompson's unit was led by a pair of productive players in Michael Moore and Everett Roussaw, Jr.
- As a junior, Moore started the season at defensive end and moved to linebacker midway through the season. He was the team's leading tackler until missing the final two games of the season, but still finished the year with 63 tackles, 5.5 TFL, 1.0 sack, three QBH and one forced fumble.
- Roussaw made immediate contributions as a true freshman, playing in all 12 games with eight starts. Roussaw continued to evolve as the season went along and finished the year with 50 tackles, 2.5 TFL and a sack, to go along with three PBU and a fumble recovery.

AT UNLV

- Served three seasons as the associate head coach and linebackers coach at UNLV (2020-22).

AT FRESNO STATE

- Prior to UNLV, Thompson spent the previous two seasons at Fresno State as the defensive run game coordinator and linebackers coach under Jeff Tedford.
- Won the 2018 Mountain West Championship and Las Vegas Bowl behind the nation's third-ranked scoring defense.

AT CAL

- Coached under Tedford at California from 2007 to 2012, working as the assistant head coach and linebackers coach while playing a key role assisting the Golden Bears to four bowl appearances.

AT EAST CAROLINA

- Spent the 2016 and 2017 seasons as the defensive coordinator at East Carolina.

AT VANDERBILT

- Served as an associate head coach and linebackers coach in 2014-15.

AT SAN JOSE STATE

- Was the defensive coordinator for the Spartans in 2013.
- During his first stint at SJSU from 2001-06, Thompson served in a variety of coaching roles under head coaches Fitz Hill and Dick Tomey.
- His positions included linebackers coach (2001-03), defensive line coach (2004), defensive tackles coach (2006), recruiting coordinator (2001-2004) and head strength and conditioning coach (2005).

AT TEXAS SOUTHERN

- From 1994 to 2000, was on the coaching staff at Texas Southern, including the last five seasons as defensive coordinator.

PERSONAL

- After an all-conference playing career, Thompson graduated from Harding (Ark.) University in 1992.
- He has two sons, Jaxson and Jacob.

HOMETOWN

Houston, Texas

- The fourth-most populous city in the United States and the sixth-most in North America with a 2020 population of 2.3 million.
- Covering 640 square miles, Houston is the ninth-most expansive city in the US.
- Was incorporated in 1837.

COACHING EXPERIENCE

- **Sacramento State**
Asst. Head coach/Co-Def. Coordinator/Linebackers (2026-pres.)
- **Florida A&M**
Defensive Coordinator/Linebackers (2025)
- **UAB**
Assistant Head Coach/Linebackers (2023-24)
- **UNLV**
Assoc. Head Coach/Linebackers (2020-22)
- **Fresno State**
Linebackers (2018-19)
- **East Carolina**
Def. Coordinator (2016-17)
- **Vanderbilt**
Linebackers (2014-15)
- **San Jose State**
Def. Coordinator/Linebackers (2013)
Defensive Tackles (2006)
Strength & Conditioning (2005)
Defensive Line/Co-Recruiting Coordinator (2004)
Linebackers/Recruiting Coordinator (2002-03)
Linebackers (2001)
- **California**
Associate Head Coach (2012)
Linebackers/Recruiting Coordinator (2007-12)
- **Texas Southern**
Asst. Head Coach/Def. Coordinator (1996-2000)
Def. Line /Recruiting Coordinator (1995)
Running Backs (1994)
- **Harding**
Graduate Assistant (1991-92)



ERIC KIESAU

Off. Coordinator | First Year | Portland State, '96

AT SACRAMENTO STATE

- Joined the Sacramento State coaching staff as the offensive coordinator in December 2025.

AT FLORIDA

- Spent three seasons as a offensive quality control coach at Florida.

AT AUBURN

- Served as offensive coordinator at Auburn in 2022 after spending one season as wide receivers coach in 2021.
- In 2022, offense ranked third in the SEC in rushing yards gained (2,834), 33rd nationally in net rushing (2,470) and top-50 in rushing touchdowns (25).
- He came to Auburn as a senior offensive analyst and was promoted to wide receivers coach in September of 2021.

AT BOISE STATE

- Spent four seasons at Boise State (2017-20).
- Was the co-OC in 2019 and solely held the role in 2020.
- Worked with the Bronco quarterbacks in 2020 after overseeing the wide receiver corps from 2017-19.
- Under his tutelage, Cedrick Wilson went on to break Boise State's single-season receiving record, picking up 1,511 yards for second-most in the country. He would go on to selected by the Dallas Cowboys in the 2017 NFL Draft.
- Kiesau also worked with the wider receiver John Hightower, who was selected by the Philadelphia Eagles in the 2020 draft.

AT FRESNO STATE

- Began the 2016 season as offensive coordinator at and served as the Bulldogs' interim head coach over the final four games of the season.

AT ALABAMA

- An analyst for Alabama during a 2015 season that culminated in the Crimson Tide winning the National Championship.

AT KANSAS

- Started the 2014 season as the receivers coach for the Jayhawks and spent the final five games as the interim offensive coordinator.

AT WASHINGTON

- Offense ranked amongst the nation's elite in both total offense (13th; 499.3 yards per game) and scoring offense (18th; 37.9 points per game) while the OC for the Huskies.
- Helped produce John Mackey Award winner, Austin Saferian-Jenkins and All-American running back Bishop Sankey.

AT CALIFORNIA

- Between his two stints at Cal (2002-05, 2011), Kiesau worked with future NFL All-Pro DeSean Jackson and future NFL Rookie of the Year Keenan Allen. He also mentored Marvin Jones, a fifth-round selection in the 2012 NFL Draft and Lavelle Hawkins, a fourth-round selection (2008).

AT UTAH STATE

- Began his career as an assistant coach in 2000, working with Utah State's running backs.
- In his debut as a wide receivers coach (2001), he mentored the nation leader in receptions for the Aggies, Kevin Curtis, who had 100 catches.

PERSONAL

- Originally from Pasadena, Calif., Kiesau graduated from Glendale HS and went on to earn a bachelor's degree in communications from Portland State, where he started at quarterback. He also garnered All-America accolades while playing at Glendale JC.
- Kiesau has two children, son Blake and daughter Tayler.

HOMETOWN

Pasadena, Calif.

- A city in northern Los Angeles County.
- The most populous city of the San Gabriel Valley.
- Home of the Jet Propulsion Laboratory, Cal Tech and the Rose Bowl.

COACHING EXPERIENCE

- **Sacramento State**
Offensive Coordinator (2026-pres.)
- **Florida**
Offensive Quality Control (2023-25)
- **Auburn**
Offensive Coordinator/Quarterbacks (2022)
Pass Game Coordinator/Receivers (2021)
- **Boise State**
Offensive Coordinator/Quarterbacks (2020)
Co-Offensive Coordinator (2019)
Receivers (2017-19)
- **Fresno State**
Interim Head Coach/Asst. Head Coach/
Offensive Coordinator (2016)
- **Alabama**
Offensive Assistant (2015)
- **Kansas**
Receivers/Interim Off. Coordinator (2014)
- **Washington**
Offensive Coordinator (2012-13)
- **California**
Pass Game Coordinator/Receivers (2011)
Receivers (2002-05)
- **Colorado**
Offensive Coordinator (2009-10)
Receivers (2006-08)
- **Utah State**
Receivers (2001)
Running Backs (2000)



ADAM CLARK

Defensive Coordinator | First Year | St. Ambrose, '02

AT SACRAMENTO STATE

- Named the Sacramento State defensive coordinator in December 2025.

AT NORTHERN ARIZONA

- The defensive coordinator at Northern Arizona for two seasons (2024-25).
- In his first season, the Lumberjacks went from seventh in the Big Sky in interceptions to second (15), which also ranked 12th nationally in the FCS.
- In total pass defense (176.7), the unit went from ninth to first, and in total defense (316.5), the unit placed second in the Big Sky in 2024 after being seventh the previous fall. NAU ranked 18th nationally in both categories.
- Clark's defense in 2024 featured seven all-Big Sky selections including two first team selections in Alex McLaughlin and Tommy Ellis.
- In 2025, linebacker Travis Arena and defensive back Quinten Moten (1.18 passes defended per game) were named all-Big Sky first team while linebacker Brandon Wong (1.17 TFL per game) was voted to the second team.

AT ANGELO STATE

- Spent five seasons as its defensive coordinator and assistant head coach.
- Helped guide the Rams to a 38-10 record over four seasons and to their first outright Lone Star Conference (LSC) championship in nearly 40 years and back-to-back playoff appearances for the first time in the NCAA Div. II era.
- Defense was consistently at the top of the LSC in most defensive categories which included a national top-10 unit in numerous categories each season, only giving up 15.5 points per game over 48 games.
- In 2021, the Rams had one of the top defenses in the country, ranking eighth overall in total defense, allowing only 253.3 yards of offense per game.
- Angelo State allowed only 76.9 rushing yards per game which was the sixth-lowest average in all of Div. II. The Rams allowed 14 or fewer points in eight games on the season and ranked 11th in the country in turnover margin and 17th in scoring defense.
- In 2019, the Rams ranked third nationally in scoring

defense and were also in the top 10 nationally in red zone defense (7th), pass defensive efficiency (4th), yards per play (10th), and takeaways per game (10th).

- The defense was in the top three in virtually every defensive category within the LSC including being the top unit in various categories.

AT TARLETON STATE

- Defensive line coach, special teams coordinator and assistant head coach in 2018, Tarleton State compiled a 12-1 record, a Lone Star Conference Championship and a No. 4 national ranking.

AT WESTERN NEW MEXICO

- The head coach at Western New Mexico from 2010-17, where he left as the Mustangs' third-winningest coach in over the 100-year history of the program.

EARLY CAREER

- Served as defensive line coach at Colorado School of Mines (2008-10), defensive coordinator and strength coach at St. Ambrose (2007) and defensive backs and strength coach at Graceland (2004-06).
- Began his career at his alma mater, St. Ambrose in Davenport, Iowa as a graduate assistant from 2002-04. He worked with outside linebackers, safeties, defensive line and special teams during back-to-back conference championships and playoff appearances.

PERSONAL

- Earned his bachelor's degree in sociology from St. Ambrose and a master's degree in organizational leadership.
- Clark and his wife, Mimi, have two sons, Caden and Kai, and one daughter, Kalena.

HOMETOWN

San Diego, Calif.

- The second most populous city in California and the eighth largest in the United States.
- Located adjacent to the California-Mexico border.
- First settled by Europeans in 1542 by Juan Rodriguez Cabrillo of Spain.
- Was conquered by the U.S. in 1848 as part of the Mexican-American War.
- Hosts the largest naval fleet in the world.

COACHING EXPERIENCE

- **Sacramento State**
Defensive Coordinator (2026-pres.)
- **Northern Arizona**
Defensive Coordinator (2024-25)
- **Angelo State**
Defensive Coordinator (2019-24)
- **Tarleton State**
Asst. Head Coach/Special Teams/Def. Line (2018)
- **Western New Mexico**
Head Coach (2010-17)
- **Colorado School of Mines**
(Def. Line (2008-09))
- **St. Ambrose**
Defensive Coordinator/Strength (2007)
Graduate Assistant (2002-04)
- **Graceland**
Def. Backs/Strength (2004-06)



MILO AUSTIN

Special Teams Coordinator | First Year | West Virginia, '05

AT SACRAMENTO STATE

- Hired as the special teams coordinator at Sacramento State in December 2025.

AT ELON

- Served as the special teams coordinator from 2022-25 and was elevated to assistant head coach prior to his final season.
- Also coached cornerbacks and outside linebackers during his tenure with the Phoenix.
- In 2025, punter Jeff Yurk earned All-America honors by the AFCA, Associated Press, Stats Perform and FCS Football Central. Yurk ranked second in the FCS with an average of 48.3 yards per punt and had 24 punts of at least 50 yards.
- Kicker Luke Barnes earned honorable mention All-America from the AP that same season. Barnes made 15-of-18 field goals and had just one miss inside of 50 yards. He was perfect (40-40) on PATs and had 20 touchbacks on kickoffs.
- In 2024, Yurk (47.9 ypp) and wide receiver/kick returner Chandler Brayboy (35.3 ypr) were recognized as All-Americans.
- In 2023, true freshman kicker Jack Berkowitz was 18th nationally in field goal percentage (80 percent), while making 1.2 field goals per game (21st in the FCS). Punter Kyle Romenick ranked 25th in punting average. In the return game, Chandler Brayboy was 10th at 26.9 yards per kick return and Bo Sanders was 26th in punt return average at 7.8 per game.
- In 2022, Austin oversaw one of the best special teams units in the country in 2022, highlighted by All-American kicker Skyler Davis who tied the FCS record by making seven 50-yard field goals in one season. Yurk averaged 44.1 yards per punt and the Phoenix also blocked two field goal attempts.
- As outside linebackers coach, Austin mentored All-American Marcus Hillman to a breakout season. Hillman had 18.5 tackles for loss and 8.5 sacks. He finished fourth in the voting for the Buck Buchanan Award, given to the best defensive player in the country at the FCS level.

AT TEXAS SOUTHERN

- Special teams coordinator and cornerbacks coach at Texas Southern.
- Units ranked in the top 25 in punt return coverage, as well as third in the conference in punt returns.

AT DELAWARE STATE

- Special teams coordinator and wide receiver coach at Delaware State for the 2019 and 2020 campaigns.
- Placekicker Jose Romo-Martinez earned second team All-MEAC honors in 2019.
- During the spring 2021 campaign, DSU blocked three punts with one returned for a touchdown.

EARLY CAREER

- Spent time at Morehead State (associate head coach/special teams coordinator/wide receivers), Glenville State (running backs/kickoff return), Cincinnati (director of player development), Hampton (running backs/kickoff return) and Midwestern State (running backs/kickoff return). He has also held positions with the St. Louis Rams, and Lanphier (Ill.) High School.

PERSONAL

- Founded and ran the Full Focus Foundation, a youth life skills development program.
- Completed the Bill Walsh Minority Internship program with the Los Angeles Chargers in 2018 and St. Louis Rams in the summer of 2013.
- Began his playing career as a cornerback at Div. III Salisbury, where he was named Atlantic Central Football Conference Freshman of the Year in 2001.
- Was also the Eastern College Athletic Conference Eastern Region Freshman of the Year.
- Finished his career at West Virginia, where he was a wide receiver on the 2004 Big East Conference Championship team.
- Earned his bachelor's degree in athletic coaching education from West Virginia in 2005.
- Received his master's in sport administration in December 2020.
- Austin and his wife, Erica, have two daughters (Nevaeh and Noa) and one son (Malcolm).

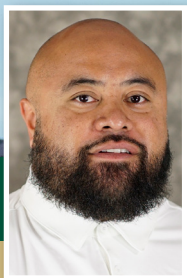
HOMETOWN

Bowie, Md.

- Located in Prince George's County and is the fifth most populous city in Maryland.
- Settled by Colonel William Duckett Bowie in 1853 and incorporated in 1882.
- Home to Bowie State, the oldest HBCU in the state.

COACHING EXPERIENCE

- **Sacramento State**
Special Teams Coordinator (2026-pres.)
- **Elon**
Special Teams Coordinator (2022-25)
Assistant head coach (2025)
Linebackers (2022)
- **2021: Texas Southern**
Special Teams Coordinator/Cornerbacks (2021)
- **Delaware State**
Special Teams Coordinator/Receivers (2019-20)
- **Morehead State**
Assoc. Head Coach/Special Teams Coordinator/Receivers (2015-18)
- **Glenville State**
Running Backs/Kickoff Return (2012-14)
- **Cincinnati**
Dir. of Player Development (2010-11)
- **Hampton**
Running Backs/Kickoff Return (2008-09)
- **Midwestern State**
Running Backs/Kickoff Return (2006-07)



NICK ALAIMALO

Running Backs/Co-Special Teams Coord. | First Year | New Mexico Highlands, '08

AT SACRAMENTO STATE

- Named the running backs and co-special teams coordinator at Sacramento State in January of 2026.

AT WASHINGTON STATE

- Spent the 2025 season at Washington State where he was the assistant wide receivers coach.
- That season, Joshua Meredith and Tony Freeman each caught at least 50 passes to lead the team. Meredith finished with a team-high 723 yards and averaged 12.7 yards per reception.

AT IDAHO STATE

- In 2024, Alaimalo was the inside receivers coach where he helped a Bengal passing offense finish eighth nationally in the FCS at 298.4 ypg.
- In his first season (2022) at ISU, as running backs coach, he had 1,248 rushing yards between five different backs accounting for seven touchdowns and adding 339 receiving yards.
- Moving to slot receivers in 2023, Alaimalo tutored Chedon James to all-Big Sky honors, leading the FCS in receptions and being a Walter Payton Award Finalist. Alaimalo also assisted with all aspects of special teams all three years.

AT ROBERT MORRIS

- Worked at Robert Morris as the run game and special teams coordinator from 2019-21.
- Developed an all-conference running back, two players in the top 10 in rushing in conference, and seven touchdowns between six different running backs.

EARLY CAREER

- Moved into the coaching ranks at his alma mater Western New Mexico assisting in running back development in 2009.
- In 2010, he joined Arizona State beginning his long-standing relationship with Dennis Erickson and helping the Sun Devils to a Las Vegas Bowl berth.
- In 2012, he joined the Utah Utes working with a corner back group that combined for 21 pass deflections, four interceptions, and four forced fumbles. The following year, he worked with the Utah running

backs where four players combined for 1,450 yards.

- Spent 2014-15 as defensive coordinator at Snow JC overseeing a defense that ranked second nationally, with the top-ranked run defense, along with holding opponents to 17 points a game.
- Re-united with Dennis Erickson as an assistant with the Salt Lake Stallions of the Alliance of American Football.

PERSONAL

- Alaimalo was selected for the Bill Walsh Diversity Fellowship and assigned to the Kansas City Chiefs, working directly with Assistant Head Coach, Eric Bieniemy, throughout training camp and preseason games.
- He earned a bachelor's degree in business administration in 2008 and a master's in business administration in human resources in 2009 from New Mexico Highlands.
- During his collegiate career, Alaimalo played at El Camino JC in 2004 and New Mexico Highlands from 2005-07, where he played both running back and linebacker.
- A former prep player at vaunted Long Beach Poly, Alaimalo is a native of Carson, Calif. He and his wife, Joi, have a daughter, Kaleah.

HOMETOWN

Carson, Calif.

- Located in the South Bay and Harbor regions of Los Angeles County.
- Located 14 miles from LAX.
- Is the home of Cal State Dominguez Hills and the Dignity Health Sports Park.

COACHING EXPERIENCE

- **Sacramento State**
Running Backs/Co-Special Teams Coordinator (2026-pres.)
- **Washington State**
Wide Receivers (2025)
- **Idaho State**
Inside Receivers (2024)
Slot Receivers (2023)
Running Backs (2022)
- **Robert Morris**
Run Game/Special Teams Coordinator (2019-21)
- **Salt Lake Stallions (AAF)**
Assistant (2018-19)
- **Snow College**
Defensive Coordinator (2014-15)
- **Utah**
Graduate Assistant (2012-13; 2016-17)
Administrative Assistant (2011)
- **Arizona State**
Administrative Assistant (2010)
- **Western New Mexico**
Running Backs (2009)



BRANDON BLACKMON

Safeties | First Year | Tennessee State, '08

AT SACRAMENTO STATE

- The newest member of the staff, Blackmon came to Sacramento State in July 2026.

AT DELAWARE STATE

- Served as the defensive coordinator at Delaware State during the 2025 season. Helped the Hornets to a dramatic turnaround as the team improved from 1-11 to 8-4.
- The defense recorded 29 sacks during the season and created 18 turnovers.
- Brian Bates was named first team all-MEAC after leading the team with 80 tackles, including seven for loss.

AT TENNESSEE TECH

- Was the cornerbacks coach and assistant special teams coordinator in 2023-24.

AT NEW MEXICO

- Spent 2020-22 at New Mexico as the wide receivers coach.
- In 2022, receiver Luke Wysong led the team with 34 catches for 291 yards as Lobo receivers accounted for 69.3% of all receptions (95 of 137) and 100% of all of UNM's receiving touchdowns. The 34 catches were the most by a Lobo in a season since 2015 and the second-most since 2011.
- In 2021, Lobo receivers were stellar, led by freshman Luke Wysong, who was one of two freshmen that was named honorable mention all-Mountain West. Wysong led UNM with 24 receptions and 224 yards, both totals which were second in the Mountain West among all freshmen.
- In 2020, UNM receivers stepped up big. Redshirt freshman Andrew Erickson tied for the team lead in touchdown receptions, and senior Mannie Logan-Greene led the team with 30 receptions in just seven games, and it was the most receptions per game for a team leader in the last 10 years.

AT WESTERN ILLINOIS

- Joined the Western Illinois staff as the defensive backs coach in the spring of 2019.
- Coached defensive back Marquis Smith, who finished the season 20th in the FCS and third in the Missouri Valley Football Conference with 12 passes broken up, adding an interception.

AT ARIZONA STATE

- Served as a tight ends coach during his first year in Tempe before sliding over to the other side as a defensive graduate assistant during his final year with the Sun Devils.

EARLY CAREER

- Landed his first college coaching job at Augustana College during the 2010 season, and had a two-year stint as a high school assistant coach, before stepping up to the professional level as the defensive coordinator for the Texas Revolution of Champions Indoor Football from 2013-14.

PERSONAL

- Earned his bachelor's degree in Africana studies from Tennessee State in 2008.
- Played at Mt. SAC JC (2004-05) before transferring to Purdue (2006) and finishing at Tennessee State (2007-08).
- He and his wife, Charis, have a daughter, Aubrey.

HOMETOWN

Fullerton, Calif.

- Located in northern Orange County about 25 miles southeast of Los Angeles.
- Was incorporated in 1904.
- Home of Cal State Fullerton.
- The first solid-body electric guitar was created by Leo Fender in the city.

COACHING EXPERIENCE

- **Sacramento State**
Safeties (2026-pres.)
- **Delaware State**
Defensive Coordinator (2025)
- **Tennessee Tech**
Cornerbacks/Co-Special Teams (2023-24)
- **New Mexico**
Wide Receivers (2021-22)
Cornerbacks (2020)
- **Western Illinois**
Defensive Backs (2019)
- **Arizona State**
Defensive Graduate Assistant (2018)
Tight Ends Graduate Assistant (2017)
- **Orange Coast JC**
Recruiting Coordinator/Def. Backs (2014-16)
- **Texas Revolution**
Defensive Coordinator (2013-14)
- **Augustana**
Defensive Backs (2010)



ROBERT CONLEY

Tight Ends | First Year | Utah, '08

AT SACRAMENTO STATE

- Hired in January of 2026 as the team's tight ends coach.

AT WEBER STATE

- Spent six years at Weber State where he coached running backs and tight ends.
- In 2025, was the Wildcats' run game coordinator and tight ends coach.
- Served as the team's interim offensive coordinator for the final two games, including a 48-28 win over Northern Arizona in the season finale.
- That season, he also coached tight end Noah Benee to all-Big Sky honors after catching 23 passes for 264 yards.
- Coached running backs in his first five seasons and spent three years as WSU's recruiting coordinator.
- Coached five running backs to all-Big Sky honors and guided WSU to a pair of FCS Playoff appearances.
- In 2024, guided Damon Bankston to second team all-Big Sky honors after he rushed for 1,104 yards and six scores.
- During the 2023 season he helped lead Weber State to a 6-5 overall finish, WSU's ninth straight winning season. He also coached Naseme Colvin to all-Big Sky honorable mention honors.
- In 2022, Conley helped lead Weber State to another 10-win season, including an FBS win over Utah State. Coached two players to all-Big Sky honors in Dontae McMillan and Bankston.
- In his first season with the Wildcats, the spring 2021 season, Conley was part of the WSU team that won the Big Sky title and advanced to the FCS Playoffs. The Wildcats finished 5-1 and captured its fourth straight conference title, including the first outright title in school history with a perfect 5-0 Big Sky record. The Wildcats were ranked as high as second in the nation during the season, the highest ranking in school history.
- Coached two players to all-Big Sky honors as Josh Davis earned first-team all-Big Sky and freshman Dontae McMillan earned second-team all-conference honors. McMillan was also named the Big Sky Co-Freshman of the Year.

EARLY CAREER

- Began his coaching career as a graduate assistant coach at Midwestern State, then was a graduate assistant at Utah State in 2011.
- Spent three seasons on the staff at the Utah, serving as a graduate assistant coach. He coached on the offensive side of the ball for two seasons and spent the 2014 season coaching linebackers under defensive coordinator Kalani Sitake.
- Was an assistant coach at Texas-Permian Basin where he coached the offensive line and was the recruiting coordinator and was an offensive analyst for the 2017 season at Houston.
- Spent two seasons as an assistant coach at Port Arthur Memorial HS in Texas.

AS A PLAYER

- A four-year starting right guard for the Utah football team from 2005-08, playing in 50 of 51 games, including 42 straight.
- Earned all-Mountain West Conference honors three times, including first-team honors as a senior in 2008, and was named a Rivals.com third-team All-American.
- Co-captain as a senior and helped lead Utah to an undefeated season and a Sugar Bowl title over Alabama.

PERSONAL

- Graduated from Utah with a bachelor's degree in economics in 2008 and a master's degree in sports management in 2014.
- The La Marque, Texas native is married to his wife, Samantha.

HOMETOWN

La Marque, Texas

- A suburb located 12 miles northwest of Galveston.
- Was originally called Highlands but was renamed in the 1890s.
- Town was known as Buttermilk Junction during the Civil War.

COACHING EXPERIENCE

- **Sacramento State**
Tight Ends (2026-pres.)
- **Weber State**
Interim Offensive Coordinator (2025)
Run Game Coordinator/Tight Ends (2025)
Running Backs (2021-24)
- **Port Arthur Memorial HS**
Assistant (2019-20)
- **Houston**
Offensive Analyst (2017-18)
- **Texas-Permian Basin**
Offensive Line/Recruiting Coordinator (2015-16)
- **Utah**
Defensive Graduate Assistant (2014)
Offensive Graduate Assistant (2012-13)
- **Utah State**
Graduate Assistant (2011)
- **Midwestern State**
Graduate Assistant (2009-10)



BOBBY FRESQUES

Pass Game Coordinator/Quarterbacks | Eighth Year | Sacramento State, '92

AT SACRAMENTO STATE

- Returns to the staff as quarterbacks coach for 2026 after serving as an analyst in 2025.
- Was the team's offensive coordinator from 2023-24.
- In 2023, coordinated a Hornet offense which averaged 420.8 yards and 30.5 points per game. The team started three quarterbacks during the season and the trio combined to throw for 242.9 yards per game with 23 touchdowns and 11 interceptions.
- The following year, redshirt freshman Carson Conklin finished third in the Jerry Rice Award voting and was an FCS Freshman All-American after setting the school freshman record for completions (261), passing yards (2,876) and passing touchdowns (28).
- Conklin led all FCS freshman quarterbacks in each category and his touchdown passes were the second most in school history regardless of class.
- Helped take the offense to new heights during the 2019 season as Sacramento State set school single-season records for points scored (464), touchdowns (63), first downs (326), plays (995), total yards (6,033), pass attempts (524), and passing yards (3,832).
- Kevin Thomson was named the Big Sky Offensive Player of the Year and was one of four finalists for the Walter Payton Award after recording 3,835 yards of total offense in 12 games for an average of 319.6 yards.
- In 2021, the team utilized a two-quarterback system with Jake Dunniway and Asher O'Hara splitting time. Dunniway was named third team all-Big Sky at quarterback while O'Hara was a unanimous first team choice as an all-purpose player.
- The pair combined to throw for 3,475 yards and 19 touchdowns and rushed for 713 yards and nine TDs.
- The duo returned in 2022 and produced 4,220 yards of total offense while accounting for 49 touchdowns. Sacramento State finished the season with a 12-1 overall record and went undefeated through conference play for the second straight season. O'Hara took home his second first team all-Big Sky all-purpose honor while Dunniway was named to the third team.

AT FOLSOM HS

- Joined the Folsom staff in 2010.
- The Bulldogs went 138-12 during his tenure and won nine league titles, six Sac-Joaquin Section championships and three state crowns.
- Folsom claimed the CIF Div. 1-AA titles in both 2017 and 2018.
- The team also appeared in a pair of Northern California Open Division finals but fell to powerhouse De La Salle in 2012 and 2013.
- Quarterback Kaiden Bennett was named to the MaxPreps Junior All-America first team in 2017 and the Bulldogs had the highest QBR in state of California in 2018.

EARLY CAREER

- Began his coaching career at Sacramento City College in 1996.
- The following year, he moved to Sacramento State where he was the wide receivers coach.
- Fresques was hired at Cal in 1998. As the offensive assistant, he worked closely with the wide receivers and also served as a recruiting specialist.
- The next year, he took over as the head coach at Christian Brothers HS and remained with the Falcons through the 2004 season.
- During the same period, he also was the Sacramento Regional Director of The NFL Junior Player Development program (2005-07) and led the NorCal Passing Academy (2009-18).

AS A PLAYER

- Started his collegiate career at Wyoming.
- He was part of two Western Athletic Conference championship teams during his time at Wyoming.
- Was the Sacramento State QB from 1990-92.
- Left the Hornets ranked fourth in school history with 3,757 career passing yards and was second with 27 career touchdown passes.
- Improved his output each season, throwing for 462 yards and four touchdowns in 1990, then 1,280 yards and eight touchdowns and concluding with 2,015 yards and 15 touchdowns as a senior.
- Played professionally with the Munich Cowboys and San Jose Sabercats,

PERSONAL

- Graduated with a bachelor's degree in communication studies from Sacramento State in 1992.
- He added his single subject teaching credential from National University in 2006.
- He and his wife, Wendy (who is also a Sacramento State graduate and former Hornet cheerleader) are the parents of three daughters: Ashlynn, Presley and Havannah.

HOMETOWN

La Verne, Calif.

- Located 32 miles east of Los Angeles.
- Incorporated in 1906.
- Is home to the University of La Verne.

COACHING EXPERIENCE

- **Sacramento State**
Pass Game Coordinator (2026-pres.)
Offensive Analyst (2025)
Offensive Coordinator (2023-24)
Quarterbacks (2019-24, 2026-pres.)
Wide Receivers (1997)
- **Folsom HS**
Quarterbacks (2010-18)
- **Christian Brothers HS**
Head Coach (1999-2004)
- **Cal**
Offensive Assistant (1998)
- **Sacramento City College**
Assistant Coach (1996)



DAKARI MONROE

Cornerbacks | First Year | San Jose State, '18

AT SACRAMENTO STATE

- Joined the Sacramento State coaching staff as the cornerbacks coach in December 2025.

AT ARIZONA

- Served as a defensive graduate assistant at Arizona from 2024-25.
- During his time with the Wildcats, the team improved its win total by five games and qualified to play in the Trust & Will Holiday Bowl against SMU.

AS A PLAYER

- Monroe played at San Jose State from 2015-18 (46 career games, 22 starts) as a cornerback and nickelback.
- Named first team all-Mountain West as a senior in 2018 after finishing sixth in the FBS with 1.6 passes defended per game and leading the Spartans with four interceptions.
- Season was highlighted by two picks against UNLV, including one he returned for a 50-yard touchdown.
- Led the team with three interceptions in 2017 and became just the fourth Spartan to pace SJSU in interceptions in consecutive seasons.
- Following his playing career, Monroe signed with Kansas City Chiefs.

PERSONAL

- Graduated from San Jose State in 2018 with a degree in communications.
- A Bay Area native, Monroe prepped at Archbishop Mitty HS in San Jose where he was twice recognized on the Mercury News All-Central Coast Section team and was an all-state selection by CalHiSports.com.

HOMETOWN

San Jose, Calif.

- The third most populous city in California and the 10th-largest in the United States with a population just over a million.
- Incorporated in 1850.
- Is the home to numerous tech companies.

COACHING EXPERIENCE

- **Sacramento State**
Cornerbacks (2026-pres.)
- **Arizona**
Defensive Graduate Assistant (2024-25)



KRIS RICHARDSON

Offensive Line | Eighth Year | Chico State, '94

AT SACRAMENTO STATE

- Kris Richardson was hired as Sacramento State's Assistant Head Coach and Offensive Line Coach in January of 2019.
- During Richardson's first season, the Hornets went 9-4 overall, earned a share of the Big Sky Conference title and advanced to the FCS Playoffs for the first time in school history.
- His offensive line was led by Wyatt Ming and Nick Bianco who both earned all-conference honors. Ming, who was a first team selection at center, went on to play in the Hula Bowl All-Star Game.
- The unit surrendered just 16 sacks during the season and ranked among the top 10 in the FCS in sacks allowed per pass attempt. Additionally, the team rushed for 2,201 yards and amassed 6,033 yards of total offense.
- In 2021, the line was anchored by center Thomas Parker who was a first team all-Big Sky selection and earned All-America honors.
- Kooper Richardson (Kris' son) and Brandon Weldon also earned second team all-Big Sky.
- In 2022, Richardson's offensive line had four players earn all-Big Sky accolades with guards Jackson Slater and Weldon being named to the first team and tackle Troy Stiefel and center Nathan Mejia landing on the second team.
- The unit featured six different starters and paved the way to the team being the seventh-ranked rushing offense in the FCS and ranked third in total offense.
- Sacramento State averaged 5.41 yards per rush during the year and set the school record in rushing yards in a season with 3,163 yards while allowing just 16 sacks in 13 games.
- The following year, Richardson coached three offensive linemen to all-Big Sky honors. Slater returned to the first team and joined Jon Osterhout (1998-99) as the only offensive linemen in school history to earn the honor in consecutive years. Left tackle Ivan Garza and center Nathan Mejia each earned honorable mention.
- Despite starting eight players on the line during the year, the unit combined to surrender just 16 sacks in 13 games.
- In 2024, Richardson coached Jackson Slater to first team all-Big Sky accolades for the third consecutive

season — making him the first offensive lineman in school history to do so.

- Slater competed at the Senior Bowl and NFL Combine before being drafted by the Tennessee Titans in the fifth round.
- Throughout the season, the offensive line battled injuries and were forced to start nine different players. Despite the heavy rotation, the unit responded by allowing just 14 sacks in 12 games.
- In 2025, Richardson coached Aidan Meek and Dean Abdullah to second team all-Big Sky honors.

AT FOLSOM HS

- Richardson came to the Hornets after serving on the Folsom High School staff for 24 years, including his final 14 as the varsity head coach.
- The Bulldogs posted a 162-27-1 record under his leadership and became one of the most dominant programs in area history.
- From 2010-18, Folsom went 127-10 with nine league titles, seven Sac-Joaquin Section Championships and four state crowns.
- His teams won the CIF Div. 1-AA titles in 2017 and 2018.
- Following the 2017 season, Richardson was named the Cal-Hi Football Coach of the Year.
- Folsom sent over 30 players to NCAA Div. I schools during his tenure including quarterbacks Jake Browning (Washington) and Dano Graves (Cal Poly), safety Jordan Richards (Stanford/New England Patriots/Atlanta Falcons), offensive lineman Jonah Williams (Alabama/Cincinnati Bengals) and wide receiver Joe Ngata (Clemson).
- The Bulldogs also set the CIF state record for points as well as recording the most passing yards in a year in four consecutive seasons.
- In 2017, Folsom finished the year ranked 18th in the MaxPreps national poll. The Bulldogs were 16-0 and outscored their opponents 770-301.
- In 2018, Folsom retained its CIF Div. 1-AA crown with a 21-14 overtime win over Cathedral Catholic.
- The team started the season with a 14-0 loss at De La Salle but won its final 14 games and finished the year ranked 17th nationally by MaxPreps.
- The Bulldogs averaged 55.4 points per game during the win streak while holding opponents to 13.9 ppg.

- The team advanced to the state championship with an 84-46 win over previously unbeaten Central HS of Fresno.

PERSONAL

- Richardson and his wife, Kelly, have three children: Kooper, Kaden and Katie.
- Kooper and Kaden both played on the offensive line for the Hornets and are now in coaching. Kooper is a graduate assistant at Boise State while Kaden is at Sacramento State.

HONORS

- Cal-Hi Football Coach of the Year (2017)

HOMETOWN

Pacheco, Calif.

- Located in Contra Costa County in the San Francisco Bay Area.
- Is 19 miles northeast of Oakland and 27 miles northeast of San Francisco.
- Was founded in 1857.

COACHING EXPERIENCE

- **Sacramento State**
Assistant Head Coach/Off. Line (2019-24)
Offensive Line (2025-pres.)
- **Folsom HS**
Co-Head Coach (2002-04; 2012-15)
Head Coach (2005-11, 2016-18)



ERIC SCOTT

Co-Offensive Coordinator/Wide Receivers | First Year | UCLA, '97

AT SACRAMENTO STATE

- Named the co-offensive coordinator/wide receivers coach at Sacramento State in January 2026.

AT WEST LA JC

- Served as the head coach during the 2024 and 2025 seasons.
- Saw a three-game improvement from the first to his second season as the Wildcats posted a 7-4 overall record in 2025.
- Team won six of its final eight games of the regular season to earn a berth in the Beach Bowl.
- During the year, the team averaged 32.4 points per game.

AT SAN JOSE STATE

- Was the wide receivers coach and passing game coordinator from 2021-23.
- In 2022, the Spartan receivers combined for 2,552 yards and 15 touchdowns.
- Wide receiver Elijah Cooks led the charge with 10 touchdowns and had 1,076 yards on the season.
- The following season, Nick Nash caught 48 passes for 728 yards and eight scores.
- That year, the team won its final six games of the regular season to become bowl eligible where the Spartans were selected to play in the EasyPoint Hawai'i Bowl.

AT NEVADA

- Starting in 2017, he was the wide receivers coach for four years.
- Added the duties of recruiting coordinator in 2018.
- Coached players to four all-Mountain West postseason honors and three consecutive post-season bowl appearances.

EARLY CAREER

- Began his coaching career as an assistant coach, and eventually, offensive coordinator at Crenshaw HS from 1999-05.
- Cougars won six Coliseum League titles and the 2005 CIF City Section championship.
- Returned to UCLA, where he was a student-athlete, to be a coaching intern in 2006 and the receivers coach the following year under Karl Dorrell.
- Returned to high school football as the head coach at Centennial HS in Compton, Calif., from 2008-09.
- Offensive coordinator at Jordan HS (Long Beach) for two seasons and at Hamilton HS in LA for one.
- Named the head coach at Los Angeles HS (2014-16) and led the Romans to at least 11 victories all three seasons.
- Named the LA City Section Coach of the Year in 2014 and 2016.
- Throughout his long association with high school football in the Los Angeles area, also was a head coach in the Snoop Youth Football League that offered youngsters (ages 6-14) an opportunity to play football, be mentored by responsible adults, and possibly earn a college scholarship offer.

PERSONAL

- Played three seasons for UCLA as a wide receiver and punt returner after beginning his college career at Northwestern.
- Graduated from UCLA with a degree in sociology in 1997 and added master's degree from USC in social entrepreneurship in 2017.

HOMETOWN

Los Angeles, Calif.

- The largest city in California and the fourth-largest in the United States.
- Became a city in 1835.
- Covers 503 square miles.
- Is the third-largest economic metro area in the world behind New York City and Tokyo.

COACHING EXPERIENCE

- **Sacramento State**
Co-Off. Coordinator/Wide Receivers (2026-pres.)
- **San Jose State**
Wide Receivers (2021-23)
- **Nevada**
Nevada (2017-20)
- **Los Angeles HS**
Head Coach (2014-16)
- **Hamilton HS**
Offensive Coordinator (2012)
- **Jordan HS**
Offensive Coordinator (2010-11)
- **Centennial HS**
Head Coach (2008-09)
- **UCLA**
Intern/Wide Receivers (2006-08)
- **Crenshaw HS**
Assistant Coach (1999-2005)



MANAKO TUIFUA

Defensive Line | First Year | Azusa Pacific, '13

AT SACRAMENTO STATE

- Joined the Sacramento State staff in January of 2026.

AT NORTHERN ARIZONA

- Spent the previous two seasons as the defensive line coach at Northern Arizona where he worked alongside current Hornet defensive coordinator Adam Clark.
- In his first season in Flagstaff, Ariz., Tuifua coached Micah Carreon to a breakout year culminating in honorable mention all-Big Sky honors.
- Tuifua's defensive line unit was pivotal in the Lumberjacks ranking second in the Big Sky in total defense (316.5) and third in rush defense (139.8).
- Both marks ranked in the top 40 in the FCS with NAU's total defense placing 18th nationally.

AT TEXAS A&M-KINGSVILLE

- Defensive line coach for the Javelinas during the 2023 season.

AT LANE COLLEGE

- Defensive line coach at Lane College in Jackson, Tenn., in 2022.
- Coached All-American Andrew Farmer, who led NCAA Div. II in tackles for loss.
- Dragons were nationally ranked on defense with the second-most defensive touchdowns and 11th in tackles-for-loss.

AT ANGELO STATE

- Defensive line coach at Angelo State from 2019-21.
- Helped produce one All-American defensive lineman and seven Lone Star Conference (LSC) selections.
- Assisted the Rams' defense to the top spot in several statistical categories within the LSC including total defense, rush defense, third-down defense, defensive touchdowns, sacks and interceptions.
- Also had the second-best pass defense and scoring defense in the conference during his tenure.

AT AZUSA PACIFIC

- First coaching stop was at Azusa Pacific from 2013-18.
- Produced 15 all-conference defensive linemen and one lineman of the year contributing to the winningest five-year period in program history that featured four conference championships.

PERSONAL

- A native of Hawaii, Tuifua played his first two seasons of college football at Pasadena City College before graduating from APU with a degree in sociology in 2013.
- Named the GNAC Defensive Lineman of the Year in the Cougars' first season of Div. II competition.

HOMETOWN

Kailua, Hawaii

- Located in Honolulu County in the Ko;olaupoko District and is 12 northeast of Honolulu.
- Name means "two currents" in Hawaiian.
- Former President Barack Obama made Kailua his Winter White House.

COACHING EXPERIENCE

- **Sacramento State**
Defensive Line (2016-pres.)
- **Northern Arizona**
Defensive Line (2024-25)
- **Texas A&M-Kingsville**
Defensive Line (2023)
- **Lane College**
Defensive Line (2022)
- **Angelo State**
Defensive Line (2019-21)
- **Azusa Pacific**
Defensive Line (2013-18)



COACHING STAFF

**KADEN RICHARDSON****Off. Analyst (QBs)
Second Season**

Kaden Richardson returns for his second season on the Sacramento State coaching staff. Richardson will assist with the Hornet quarterbacks in 2026 after spending the 2025 season with the offensive linemen.

Richardson played in 49 games for Sacramento State between 2021-24, making 18 starts. As a senior, he played all 866 snaps at center and did not give up a sack.

Richardson was named first team all-metro by The Sacramento State and first team all-NorCal while at Folsom HS. He helped the Bulldogs to a 42-3 overall record in three varsity season and won state titles in 2017 and 2018.

He graduated from Sacramento State with degrees in communications and recreation administration.

**KASON McCULLOUGH-COOPER****Asst. DBs
Ninth Season**

Kason McCullough-Cooper was added to the staff as the assistant defensive backs coach prior to the 2026 season. McCullough-Cooper came to the Hornets from Northern Arizona where he worked under current Sacramento State defensive coordinator Adam Clark during the 2025 season.

In 2024, McCullough-Cooper taught and coached at Mansfield HS in Texas.

He played six seasons at Angelo State where he recorded 65 career tackles and five interceptions in 48 career games. He was named second team all-Lone Star Conference in 2023 and was invited to the New England Patriots minicamp following his senior year.

McCullough-Cooper graduated from Angelo State with a bachelor's in business administration in 2022 and added his MBA in 2024.

**ANTHONY LAWS****Special Teams Analyst
Second Season**

Anthony Laws came to Sacramento State in 2025 and works as a special teams analyst.

In his first season with the team, the Hornets ranked among the top national FCS leaders in punt coverage allowing 1.63 yards per return.

Laws previously was the head coach at Pioneer HS in Woodland, Calif., from 2017-19.

**DOM FREDRICKSON****Off. Assistant (Off. Line)
Second Season**

Dom Fredrickson returns for his second season on the Sacramento State staff where he will assist with the Hornet offensive line.

Fredrickson came to the Hornets after stints at American River JC in Sacramento and Los Medanos JC in Pittsburg.

Fredrickson completed his playing career at San Jose State (2015-17) as an offensive lineman.

Fredrickson earned his bachelor's degree in legal studies from San Jose State in 2019.

**JAKE CRUZ****Off. Assistant (RBs)
Second Season**

Jake Cruz returns for his second season as an offensive assistant at Sacramento State. Cruz worked with the team's quarterbacks in 2025 and will move to running backs in 2026.

Cruz began his collegiate playing career at Angelo State before finishing at Seton Hill. As a senior in 2024, he threw for 2,068 yards and 11 touchdowns for the Griffins.

The Capital Christian HS graduate is a native of Northern California. He graduated from Seton Hill in 2025 with a bachelor's in sports communication.

**CARL JOSEPH****Def. Quality Control (DE)
First Season**

Carl Joseph joined the Sacramento State staff as a defensive quality control coach in the spring of 2026. Joseph works with the team's defensive line.

During the 2025 season, Joseph was the defensive ends coach at Garden City CC in Kansas. With the team, he coached two all-conference players and had three ends sing with NCAA Div. I programs.

Joseph was a graduate assistant at Texas A&M-Kingsville during the 2024 and 2025 season. He began his coaching career at Curry College in Massachusetts in 2022.

Joseph graduated from Curry College, where he was a three-year starter, with a degree in public health and wellness in May 2023. He added a master's in education from Texas A&M-Kingsville in 2025.

**TJ ROBERTSON****Special Teams Assistant
Second Season**

TJ Robertson joined the Sacramento State staff in February 2025 and will enter his second season as the special teams assistant.

He previously was an offensive analyst and co-special teams coordinator at Morehouse during the 2024 season. Robertson also was the founder of ROI Training where he developed and managed 7-on-7 youth teams.

Robertson graduated from Granite Bay HS outside of Sacramento and played collegiately at Washington State.

Robertson graduated from Washington State with a degree in political science and government in 2021 and added a second bachelor's from Arizona State in political economy in 2022.

**GARRETT McCLURE****Off. Quality Control (WRs)
First Season**

Garrett McClure is in his first season at Sacramento State as an offensive quality control coach who will work with the team's wide receivers.

McClure spent the 2025 season as an assistant wide receivers coach at Colorado State. Prior to that, he was a graduate assistant at Nevada from 2023-24.

McClure graduated from Nevada with a bachelor's in business administration in 2022. He is the nephew, of Hornet associate head coach Angus McClure.

**CHRISTIAN CANIDATE****Def. Quality Control (DL/OLB)
First Season**

Christian Canidate came to Sacramento State in the spring of 2026 and serves as a defensive quality control coach who will work with the team's defensive ends and outside linebackers.

Canidate worked at Florida A&M during the 2025 season under current Sacramento State linebackers coach Kenwick Thompson.

**DOMINIQUE HARRISON****Def. Quality Control (CB)
First Season**

Dominique Harrison started at Sacramento State in the spring of 2026 as a defensive quality control coach who will work with the team's cornerbacks.

After playing at Contra Costa JC, Harrison transferred to Oregon and finished his career at Southern Oregon in 2019.



SUPPORT STAFF



JON OSTERHOUT

Chief of Staff
10th Season

Jon Osterhout returned to his alma mater in December 2025 as the assistant athletics director and chief of staff.

Osterhout was the head coach at American River JC for 12 seasons (2014-25), winning at least a share of the NorCal Conference title 10 times. He finished his career with an 88-39 overall record and took the team to 11 postseason appearances, including eight trips to the state playoffs.

From 2007-10, Osterhout was an assistant coach at Sacramento State for the second time in his career. As the recruiting coordinator, he produced the second-ranked FCS class in 2009 and the eighth-ranked in 2010. He also coached Zack Nash and Todd Davis who both went on to play in the NFL.

Osterhout served as a graduate assistant at Nebraska from 2006-07 where he worked with the defensive line and special teams. The team won the Big 12 North Division and played in the Cotton Bowl following his first season. While there, he coached first-round selection Adam Carriker, second-round choice Ndamukong Suh and fourth-round Jay Moore.

Osterhout's first stint at Sacramento State came from 2000-05 where he coached the offensive line and tight ends (2000-01) and defensive line (2002-06). He coached Marko Cavka to all-Big Sky honors and eventually a sixth-round selection in the NFL Draft.

Osterhout was a four-year starter for the Hornets beginning (1995, 1997-99). He was an FCS All-American as a senior and earned first team all-Big Sky honors his final two seasons. During that time, he anchored an offensive line which led the way for record-setting running back Charles Roberts. Osterhout was named the team MVP and Most Inspirational Player during his career as well as serving as a team captain. He went on to sign with the New York Giants and Washington Redskins. He was inducted into the Sacramento State Football Hall of Fame in 2008.

Osterhout holds an undergraduate degree from Sacramento State and a masters in kinesiology from Fresno Pacific.

Jon and his wife, Alison (a former Hornet volleyball student-athlete), are the parents to Hudson and Chelsea.



CHRIS PARRY

General Manager
Ninth Season

Chris Parry joined the Sacramento State staff in January of 2019 as the team's director of recruiting/player development. He also served as a defensive assistant on the field. He moved to assistant general manager prior to the 2025 season and was elevated to general manager prior to the start of the 2026 campaign.

Parry was part of a defensive coaching staff in 2019

which helped make Sacramento State the best team in the Big Sky in defensive pass efficiency and red zone defense. The Hornets allowed 132.1 fewer yards per game than in the previous season and increased its total takeaways by five. Off the field, the 2020 recruiting class was ranked as one of the best in the FCS as the team secured several three-star recruits.

Parry came to Sacramento State after coaching at Folsom High School since 2013. He was the running backs coach with the Bulldogs and helped the team earn California state championships in 2014, 2017 and 2018. Folsom's offense earned national attention during the period, setting several state records for yards and points. The team finished 2017 ranked 18th in the MaxPreps national poll and moved up to 17th in 2018.

From 2009-12, Parry worked at American River College in Sacramento. He began as the wide receivers coach in his first three years before shifting to offensive coordinator and quarterbacks coach in 2012.

Parry also coached at Folsom HS from 2001-08 holding several different positions. His career also features stops at College of San Mateo (1987) and Mills HS (1985-86).

He graduated from Cal Poly with a bachelor's degree in electrical and electronics engineering in 1988.

OTIS AMEY

Dir. of Player Development/
Alumni Relations
First Season

Former Sacramento State All-American and NFL veteran Fred "Otis" Amey rejoined the Hornet program in December of 2025. Amey will serve as the Director of Player Development/Alumni Relations.

Amey starred for the Hornets from 2001-04. He remains the school record holder with 248 career receptions and 4,049 career receiving yards and is tied for second with 27 career receiving touchdowns.

Following his collegiate career, Amey played with the San Francisco 49ers where he returned a punt for a touchdown on his first NFL touch. He also played in the Arena Football League and CFL.

Outside of football, Amey is the Executive Pastor of Discipleship & Advancement Midtown Church.

He and his wife, Tyrienna (a former Sacramento State track athlete and Big Sky champion in the 200) are the parents to three children.

CHARLES GIBSON

Dir. of Operations
First Season

Charles Gibson joined the Hornet staff as the Director of Operations in June 2026. Gibson was previously held the same position at Alabama State during the 2025 season.

Gibson began his professional career in football as the quarterbacks/wide receivers coach at Morrow HS in Georgia. He began his association with Alabama State the following year as an offensive assistant.

Gibson moved to Beloit College in Wisconsin where he was the quarterbacks/wide receivers coach and the Director of Operations from 2020-21.

He returned to ASU as the offensive graduate assistant for the 2022 season.

The next year, Gibson was the wide receivers coach and director of operations at Huntington College in Montgomery, Ala., and remained there through the 2024 season.

Gibson earned his bachelor's in special education and teaching from Alabama State in 2020 and added a master's in applied technology in 2023.



OTIS YELVERTON

Dir. of Player Personnel
First Season

Longtime collegiate coach and player personnel administrator Otis Yelverton joined the Hornet

program in the spring of 2026.

Yelverton most recently was the recruiting coordinator and tight ends coach at Fresno City JC. He also served as the head coach at Contra Costa JC and Oakridge Military Academy. His 2021 Contra Costa team went 10-1 and won a bowl game. Yelverton's role in player personnel included stops at Florida and Alabama.

He played football at North Carolina A&T in Greensboro, N.C.



SUPPORT STAFF



AYDEN MEYER

**Player Personnel Analyst
Second Season**

Ayden Meyer is in his second season as a player personnel analyst at Sacramento State. Meyer will serve as the lead offensive analyst in 2026.

Meyer began his career in college athletics as a football scouting/recruitment assistant at Washington State. While working under head coach Jake Dickert, Meyer assisted on identifying and communicating with recruits while also aiding with on-campus recruiting. He added the role of football operations assistant at American River JC in Sacramento in the summer of 2023.

Meyer graduated from Washington State with a bachelor's degree in sport and fitness administration/management in 2024.



MOTRE LAMBERT

**Player Personnel Analyst
Second Season**

Montre Lambert joined the Sacramento State staff prior to the 2026 season as the defensive player personnel analyst.

He previously worked as a recruiting assistant at Arizona and was an intern at the 2024 Barstool Bowl and the 2025 Snoop Dogg Arizona Bowl.

Lambert graduated from Arizona with a bachelor's in communications and a minor in sports management in 2025.



ISAIAH LEWIS

**Recruiting Analyst
Second Season**

Isaiah Lewis joined the Sacramento State coaching staff prior to the 2024 season. In his current role, Lewis assists with the team's recruiting efforts.

Lewis played collegiately at Colorado where he appeared in 43 games, starting 19. He was credited with 132 career tackles and three touchdowns and was twice named honorable mention all-PAC-12.

Following his time at Colorado, Lewis played the 2023 season with the Houston Gamblers of the USFL.

A Sacramento area native, Lewis prepped at Granite Bay HS where he earned all-metro honors while starring on both sides of the ball.

Lewis graduated from Colorado with a degree in communications and minors in ethnic studies and leadership studies in 2020. He added a master's in organizational leadership.



ANGELA LALWANI

**Admin Assistant/
On-Campus Recruiting
First Season**

Angela Lalwani is in her first season at Sacramento State as the football program's administrative assistant and on-campus recruiting coordinator. In her role, Lalwani handles the day-to-day-operations for head coach Alonzo Carter and organizes all efforts for on-campus recruiting visits.

Lalwani came to the Hornets in the spring of 2026 after serving as the Director of Operations at Northwestern State in 2025. While at NSU, she oversaw all office functions including travel, budget and purchasing and gameday operations.

Lalwani previously was an operations assistant at the American Bowl and Dream Bowl and also was a game operations and event management fellow at Mississippi State in 2024-25.

A former track & field/cross country student athlete, Lalwani began her collegiate career at Virginia State before transferring to Benedict College. After graduation she was a graduate assistant in track and field at South Carolina and a football operations assistant at Bowie State.

She returned to Benedict College as the graduate assistant for football operations for the 2023 season.

She earned her bachelor's degree in accounting/business management from Benedict College in 2022 and added a master's in sports management in 2024.



SUPPORT STAFF



Mark Orr
Director of Athletics



Andy Fiske
Senior Assoc. A.D.



Marco Candido
Dir. of Sports Performance



Jake Saavedra
Assoc. Head Athletic Trainer



Ricky Becerra
Assistant Athletic Trainer



Gabriel Ortiz
Assistant Athletic Trainer



Alex Soto, M.D.
Head Team Physician



Beth Shade
Asst. Dir. of Sports Performance



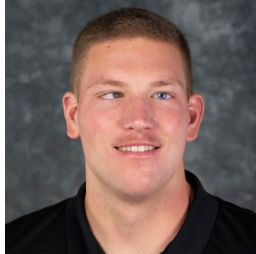
Conner Nommensen
Asst. Dir. of Sports Performance



Torin Shanahan
Asst. Dir. of Sports Performance



Braden Gerbig
Video Coordinator



Eric Fellenzer
Equipment Manager



Branden Haring
Equipment Attendant



Brian Berger
Assoc. A.D./Communications



Jenna Paulk
Assoc. A.D./Student Success



Abel Ordaz
Academic Support Asst.



Gavin Davis-Smith
Academic Support Asst.



Kelly Wilga
Asst. A.D./Marketing



Yaya Munguia
Fan Engagement



Darren Taylor
Graphic Design



Shawn Lucchesi
Business Analyst



Carl Reed
Senior Assoc. A.D./Facilities



Megan Tanella
Asst. Dir. of Facilities & Ops